

nude
tantra
camp

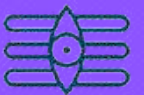


SUMMER
2024

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renova
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*August
12-18
2024

Designed & Empowered
by Anand Rudra
TrueTantra Team
truetantra.eu



be.tantric

SUMMER 2024

NUDE TANTRA CAMP :: RENOVATIUM ::

Presentation

Working for more than 20 years in Tantra, Yoga, Sacred Sexuality and healing therapies with men of different backgrounds had shown to us that there is a need to work with manhood from a different perspective than the one that is being carried on.

We are in a connected society that had lived a very intense change from pandemic, the development of new sexuality approaches and globalization of socio political issues. And in top of a Victorian structure of behavior regarding the roles in our intimate lives, the way to see your self in life and what are the goals and motivations behind the fulfillment of living. We see that there is a big need to work with our manhood in a transversal

but also a transpersonal approximation that can respond to the current behavior and expectations of the men of the 21st century. In the last 6 years, we had studied, investigated, developed & applied an intense learning-experience for men in our Summer Camps. We celebrated more than 14 years doing these series of Summer Camps for men.

This year, we introduce to you a whole life living experiences that will cover a multi-dimensional approach about the man's journey.

Summer Camp 4 men will be held by Anand Rudra & some co-facilitators as always other summer experiences that we had developed





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ORGANIC SEXUALITY

Restore the sexual sovereignty of the men over what is healthy, conscious, not compiling with an imposed responsibility of archaic patterns that do not belong no more to our reality.

The pandemic and neosexuality is breaking the way we see and we understand the relationship of our sexual needs and how we interconnect.

New schemes and new ways to perform sexuality had come but the issue is that still we are performing according to victorian parameters.

We propose to resettle the game how you see your self as a man and how your sexuality can be part of your life in a new way

TANTRIC MANFULNESS

The life living experience and the transformation process that Kaula Tantric tools can bring to the men are very powerful. The sacred tools as yoga, meditation, ritualism, embodiment awareness via touch or movement, breathwork, and sacred sexuality; can entitle a very deep structure in a transpersonal way but also transversal. Therefore, we can have a huge better understanding of manhood, masculinity, virility, sexual energy, man sexual awareness, sexual attraction, assertiveness, receptiveness, man's polarity, archetype bounding, sexual & spiritual genealogy, and socio-sexual behavior.

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SACRED INTIMACY

Before we could understand sacred sexuality we need to visit how our intimare is. Intimacy starts with our own body and the sensorial awareness that it is manifested on us. Intimacy starts with the consious conextion to our own eros and how is lived.

After visisting our own intimacy we will develop the understanding to the others and basically to the men.

Men that we liked men has very diffrent approaches to generate intimacy and to be honest in the develeopment of it .

This summer prepare yourself to renew these paradigmas in a practical way.

INTEGRAL & SACRED SEXUALITY

We need in these days to be manifesting our sexuality to enjoy, to connect , and to elevate our spirits.

To being able to recognize body, subtle system, sexual energy and sacred orgasmia and put in ssimple terms in order that you can apply them in a normal sexual intercourse.

And invite a simple person to enjoy a diffrent way to move your sexual energy and feel that a state of bliss can be delivered by you and get out of an encounter knowledge, healling and fulfillment!

OUR SEXUAL ROOTS

:: NEEDS & IMPULSES :::

- This life living experience will be revisited in different ways the structures behind our sexuality. We will make clear that our sexuality when is not in conssciousness can be manifested in two terms: The Sexual Primal needs that you have as a human being and our primordial impulses that were build up during my life.
- Bodywork, psyche, energy, breath, sexual energy & tantra techniques will be the main tools that will allow us to re-discover which áre your primal need and your primordial impulses.
-
- We will try to find out the dynamics of power that you had developed & where you are right now in the relationship that you have with other men likewise.
- The dilemma of letting go of control or control, where do we have & find the balance in our body and our psyche.
- How do you behave with other men at different levels?
- Exploring your intimate boundaries to see and feel patterns of authority and grounding and how it relates to your Sexual Drive.
- Levels of trust; in heritage models and exploring no-comfort zones; the model of what do we desire sexual, emotional or as bonding.
- You will recognize the power of your own Lingam and the sexual energy that can be produced to be empowered by it. And how is it define your current Sexual Behaviour and what is behind it?
- You will experience that Tantra massage as the base of a path to enjoy the active or receptive YOU.
- The importance of the Sexual Energy as a power tool by itself.

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TANTRIC MANFULNESS

- Tantra is an ancestral science that work Humanity and man in different layers and levels. Manu the original concept of man is a sanscrit word that means the progenitor of humanity; the first one to be existing.
- We will work in Sexual atraction (Physical & Non Physical) and in Sexual behaviour (Casual Sex, Sexual Intercourse, Socio Sexuality, Sexual Orientation, & Non Binary Sexual Orientation)
- We will try to find out the Virility of being on yourself (Recognizing the Physical Self); the masculine body (rejecting the Cross - Cultural Idea of Physical Manhood)
- How is generated the atraction, Sexual energy vs Sexual Intercourse.
- The empowerment of the Man connected to the Emotional Body and how we can generate Sexual Embodiment !!
- Sexual Urges; the use of the life force energy to recognize the genealogy heritage empowerment
- Sexual Atraction and embodiment as a door to generate a minfulness state.
- When the man becomes my arquetype and how to embrace this perception.
- Man preconditioning the cicle of the survival of Humanity versus acknowledging the other man becoming my archetype.
- Recognize the Lila o the Divine Play (I am a mirror and this is not faight)
- The power of being a tantric man and the sense of being in wholeness (Santoshi State). Healing myself and the others.

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The planning

Be prepared to work and get fun at the same time during these 4 days; you will live an intimate transformation process exploring primitive desires on your sexual & emotional behavior. Tantra Kriya Yoga, Pranayams, Meditation, Sacred Sexuality and masculine rites & games will be the frame that will show to you the power and interconnection with your own being and the others.

TECHNIQUES & HANDS-ON

- Nude Tantra Yoga 4 Men : primitive sexual man experience
- Kaula Compression massage.
- Hot & Cold de-armouring, the masculinity.
- Active Meditations...the mystic man
- Naked Dance & Nature Bath Experience.
- Breathwork, tantra conscious & touch massage.
- Energy Orgasms the door to the Re-Synapsis
- Exploring boundaries in the lingam massage and intimacy erotical exercises

What does include ?

- 3 healthy meals. Light Mediterranean diet, if you have any special diet let us know. - Tea breaks & fruit.
- Room (shared), with private bathroom & the services of the Finca rural.
- Pragmatical & life changing experience. TrueTantra & Nude Tantra Yoga & the Sacred Sexuality workshops in a structured way to design your Manfulness.

Alone or can I bring my partner ? Either way it will be a unique experience.

A day on the retreat ! *Wake up with the freshness of the Sierra de Gredos & with a cup of tea.

*Discover that breathing has the power to switch on your vital energy.

*Enjoy a very healthy spanish breakfast with the view of the mountains.

*Activate the sacred within you: body, mind & sexual energy through out Nude Tantra Yoga.

*Refresh yourself in a nice swimming pool after a wonderful full body massage. Imagine the art of expanding the pleasure not only with the touch but with other ones.

*Say good bye to the night with an open sky and the most wonderful company : new friends that had shared their sacred with you !!

*Make friends but at the same time start to get to know who you are.



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La LOBERA de GREDOS

:: A VENUE WHERE TRANSFORMATION HAPPENS ::

The retreat will be done in a Eco-Spanish finca in Arenas de San Pedro, a municipality of Avila, Spain. La Lobera de Gredos is a place that is closer to Madrid than Avila city. One hour 20 minutes in car and two hours in Bus.
AIRPORT: Madrid Barajas

***Address** : Paraje de la Parrilla s/n, 05400 Arenas de San Pedro, Spain.

. This is the 8th. year that we do it here and we believe that this place has different elements that make it perfect for our activities.

-It has a wonderful micro-climate within a very hot summer you can enjoy the breeze and the cooling of the Sierra.

-Swimming pool, a nearby river, plenty of nature & wonderful weather. The advantage to be nude and enjoy the freedom to be with other men.

You will share the room with someone else, if you are a couple tell us immediately, since only we have limited rooms for couples. The room is given by lotto and we divide the people that smokes, light sleepers, and the ones that snore.

If you are not from Spain. How do I arrive?

By Car: Give a click in the link that I am enclosing.

Once you reach the town of Arenas de San Pedro cross it by the main street towards downtown (you have to pass the Castle) take the "Guisando" road. Afterwards, 200 mts. You will find three signs (first one to the right) that will be starting to guide you to the Lobera. The house is like 3km from Arenas 6 or 7 minutes. www.laloberadegredos.com

By Bus : There are between 5 buses a day going to Arenas de San Pedro. You have to take it from Estación Sur Bus Station that is also Subway station (Mendez Alvaro) The cost is 10 euros. The bus line is called SAMAR and you can contact them and also see time tables on +34 917230506 y (only within Spain) 902257025, <http://www.samar.es>

If you have reach by bus you either you can take a taxi from there to LA Lobera or pick you up. The price is betwenn 7 to 8 euros. The info. Of the taxis service there is +34 920.370954, cell phone +34 651552258

La LOBERA de GREDOS



Drinks. The Spanish summer is very intense. And as part of the summer sometimes your drink vino tinto. On the nights, there are drinks are not included in the price of the event.

Nudity. The venue allow to us to enjoy the freedom to be nude. It is not mandatory to be naked, but you can enjoy the sensation to be all natural.

Remember to bring the following:

- One or two beach sarongs
- One Beach towel & one normal towel
- Pair of Beach sándals
- Solar protection lotion if you are sensitive to the sun. Light cloths.
- Shoes or sport shoes in order to walk.
- A sweater or light jacket for the nights, some times get chilly.
- White cloths for our special night

Registering
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renovatumDiscounts

nude tantra
summer camp

:: sacred renovatum ::

Aug 12-18 .Arenas de San
Pedro, Avila, Spain

Cost Early BIRD

July 1,2024

995 euros

Regular Cost

1,100

Deposit: 400 euros

Arriving at 13 pm first day,
Starting 16.00 hrs

Payment & Deposit

(remember to write your name &
modules that you are attending)

BANK TRANSFER

TrueTantra Netherlands NG

Bank

BIC: INGBNL2A

IBAN: NL11 INGB000 6803790

PAYPAL

<https://www.paypal.me/truetantraeu>

Email: tantriko@live.com

Refund Policy

*If you cancel two weeks prior the events there is no penalty
and you receive 100% of your reservation.

*If you cancel within 7 days before the event. There is an 80% of
devolution of the total amount deposited in your reservation.

If you are already at the event and by any reason you want to
leave, there will not be refund..

*In case of accident truetantra or any of the facilitators will not have
no future legal responsibility.*

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&
the offerings



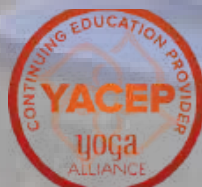
**Anand Rudra
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Team**

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<http://www.facebook.com/anand.rudra.7>

*If you want to know who is Anand
<https://about.me/anand.rudra>*



TrueTantra
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