

TANTRIC SHAMANIC XPERIENCE

DECEMBER 15-17

GUARDAMAR DEL SEGURA ALICANTE

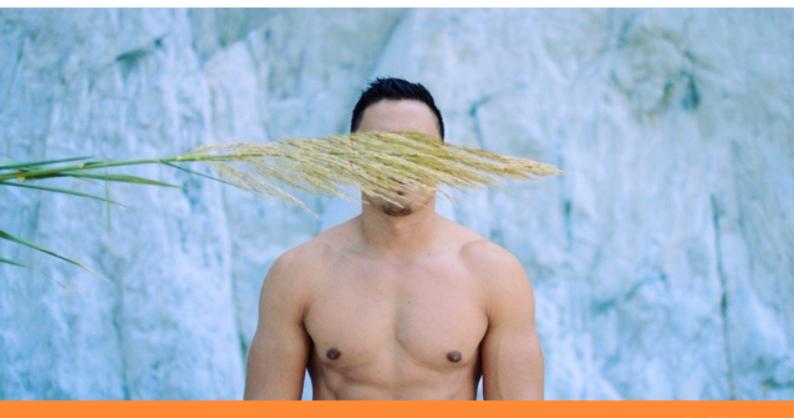
> Designed & Empowered by Anand Rudra TrueTantra Team truetantra.eu

Presentation

Working for more than 19 years in Tantra, Yoga, Sacred Sexuality and healing therapies with men of different backgrounds had shown to us that there is a need to work with manhood from a different perspective than the one that is being carried on. The last 7 years we have also share not only but training experiences tensergenetic shamanism, which nos I believe is the correct time to share the combination of two amazing technologies Tantra & Shamanism. We are in a connected society that had needs that bring а can understanding of the Sexuality, the psycho energy and emotions; and how transform we can patterns blockages that we could have.

A transpersonal approximation that can respond to the current behavior and expectations of the men of the 21st century. In the last 6 years, we had studied, investigated, developed & applied an intense learning-experience for men in our Summer Camps. We celebrated more than 17 years doing these series of Summer Camps for men. The last 5 years we had the opportunity to do a male continuous program in Europe, Latin America & South Africa. This year, we introduce to you a whole life living training that will cover a multi-dimensional approach about the man 's sacred sexuality.

The power of thealchemy of Sacred Sexuality between men and how they interrelate with Tantra and Shamanism.



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concept & structure

I. SACRED SEXUALITY BETWEEN MEN AND ITS RELATION WITH SHAMANISM:

A. Definition and Essence:

- 1. Sacred Sexuality Between Men:
- a. Union of Energies: Explore the concept of sacred sexuality as a harmonious union of masculine energies.
- b. Spiritual Connection: Highlight the sacred aspect of sexual connection, fostering spiritual growth and mutual understanding.
- 2. Integration with Shamanism:
- · a. Energetic Alchemy: Discuss how sacred sexuality aligns with shamanic principles of energy work and transformation.
- b. Ritualistic Practices: Explore shamanic rituals that enhance the sacred dimension of sexual experiences between men.

II. Male Sexual Energy and Altered States of Mind:

A. Generation of Orgasms and Energetic Flow:

- · 1. Harnessing Sexual Energy:
- a. Breathwork and Visualization: Explore techniques for channeling sexual energy through breathwork and visualization.
- b. Chakra Activation: Discuss how sexual energy activates and balances the chakras, creating an energetic flow.
- 2. Altered States of Consciousness:
- a. Tantra Practices: Introduce tantric practices that use sexual energy to induce altered states of consciousness.

b. Integration with Shamanic Journeying: Discuss how heightened sexual energy can facilitate shamanic journeying and expanded states of awareness.

III. Pleasure and Bliss States of Mind:

A. Mind-Body Connection:

- · 1. Tantric Philosophy:
- a. Mindful Presence: Explore the concept of mindfulness in pleasure, cultivating a deeper mind-body connection.
- b. Dissolution of Ego: Discuss how pleasure can be a pathway to transcending the ego and accessing higher states of bliss.
 - c. How the tantra massage and breathwork has a rolein the developing of orgasm states of awarenes

2. Blissful States:

- a. Neurochemistry of Pleasure: Examine the neurochemical processes involved in experiencing bliss during sexual encounters.
- b. Extended States of Pleasure: Discuss how prolonged states of pleasure can lead to expanded states of consciousness.
- c. How trhough pleasure awareness, orgasmic state of considured we can start to open the route to go an expanded state of consiousnes and from there have a shamanic orgasmic journey

IV. EROTICA BETWEEN MEN AS A TOOL FOR EMOTIONAL CONNECTION:

A. 1. Sensual Exploration:

- a. Emotional Expressiveness: Explore how erotica between men can serve as a medium for emotional expression.
- b. Breaking Taboos: Discuss the role of erotica in breaking societal taboos and fostering acceptance.
- 2. Interconnected Pulsations:
- a. Energy Exchange: Explore how erotic practices can create an energetic exchange, deepening emotional and spiritual bonds.
- b. Heart-Centered Connection: Discuss the importance of heart-centered connection in male-male erotic experiences.

V. SHAMANISM AS A TOOL TO DEVELOP SACRED SEXUALITY

A. Rituals and Practices:

- 1. Power Animals and Totems:
- a. Animal Spirits in Sexuality: Explore the concept of power animals and totems in enhancing sexual experiences.
- b. Invoking Elemental Energies: Discuss shamanic practices that involve invoking elemental energies for sexual empowerment.
- 2. Visionary Plants and Sexuality:
- a. Plant Medicines: Explore the shamanic use of visionary plants to enhance spiritual and sexual experiences.
- b. Intentional Integration: Discuss how the intentional use of plant medicines can amplify the transformative potential of male-male sexuality.

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The planning

Be prepare to work and get fun at the same time during these 3 days; you will live a intimate transformation process exploring primitive desires on your sexual & emotional behavior. Tantra Kriya Yoga, Pranayams, Meditation, Sacred Sexuality and masculine rites & games will be the frame that will show to you the power and interconnection with your own being and the others.

TECHNIQUES & HANDS-ON

- Nude Tantra Yoga 4 Men :primitive sexual man experience
- Kaula & KASHMIR sacred touch.
- Hot & Cold de-armouring, the masculinity.
- Active Meditations...the mystic man
- Shamanc tantric Breathwork, tantra conscious lingam massage.
- Energy Sacred Orgasms the door to the ut of body experiences
- Exploring sacred sexuality shamanic rites

What does include?

- 3 healthy meals. Light Mediterranean diet, if you have any special diet let us know. Tea breaks & fruit.
- Room (shared), with private bathroom & the services of the Finca rural.
- -Pragmatical & life changing experience. TrueTantra & Nude Tantra Yoga & the Sacred Sexuality workshops in a structured way to design your Manfulness.

Alone or can I bring my partner? Either way it will be a unique experience.

A day on the retreat! *Wake up with the freshness of Sea of Guardamar del Segura & with a cup of tea.

*Discover that breathing has the power to switch on your vital energy.

*Enjoy a very healthy spanish breakfast with the view of the mountains.

*Activate the sacred within you: body, mind & sexual energy through out Nude Tantra Yoga.

*Refresh yourself in a nice swimming pool or the sea after a wonderful full body massage. Imagine the art of expanding the pleasure not only with the touch but with other ones.

*Say good bye to the night with an open sky and the most wonderful company: new friends that had shared their sacred with you!!

*Make friends but at the same time start to get to know who you are.



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Costa Blanca Explore

An energetic paradise to learn and explore Tantra in Nature....

:: A VENUE WHERE TRANSFORMATION HAPPENS ::

Our enclosure has two main buildings within a closed estate of 150,000m2 and where they will be divided into two types of accommodation. In the main buildingyou will find 62 double rooms with private bathrooms and 9 multiple rooms with bunk beds and shared bathrooms differentiated by sex and with capacity for 105 people.

Here is also the main dining room and another smaller one for small groups. Also meeting and multipurpose rooms, chapels and a 265m2 assembly hall equipped with the most modern technology.

Our landscaped exteriors are characterized by the lush pine forest characteristic of this area of Guardamar del Segura and its sports facilities such as an indoor soccer court, basketball, minibasketball, racquetball, paddle tennis and a magnificent swimming pool equipped with hydromassage technology.

Guardamar del Segura is a municipality located in the south of the Valencian Community, in the Costa Blanca area and 25 km south of the Alicante International Airport, being a national and international tourist destination chosen by many.

Its main attraction is its 11 kilometers of golden sand beaches that, together with the pine forest, form a beautiful natural park. On Center beach you will find the Paseo Marítimo, full of restaurants and shops where you can enjoy Mediterranean cuisine and life.

Next to the mouth of the Segura River are the Fishing Market and the Guardamar Marina. From here, you will often be able to spot some of the birds that hover over the Costa Blanca area, thanks also to the nearby salt flats that turn the place into a sanctuary for many migratory birds.

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AIRPORTS

The closest one is from Alicante Airport if you area already in Madrid you can take the train that it last arroun 1hr 45 minutes from Atocha Train Station.

FOOD: This hotel has either Vegetarian or Normal Mediterranean food, you have to let us know any kind of intolerance

Remember to bring the following:

One or two beach sarongs

- One Beach towel & one normal towel
- Pair of Beach sándals
- Solar protection lotion if you are sensitive to the sun. Light cloths.
- Shoes or sport shoes in order to walk.
- A sweater or light jacket for the nights, some times get chilly. White cloths for our special night

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The retreat includes the workshops and the 3 meals. Starting Friday at 16 hrs and Finishing at Sunday after the lunch.

The cost is 290 eur Deposit of 150 eur

Payment & Deposit

(remember to write your name & modules that you are attending)

BANK TRANSFER

TrueTantra Netherlands NG Bank

BIC: INGBNL2A

IBAN: NL11 INGB000 6803790

PAYPAL

https://www.paypal.me/truetantraeu

Email: tantriko@live.com

Refund Policy

*If you cancel two weeks prior the events there is no penalty and you receive 100% of your reservation.

*If you cancel within 7 days before the event. There is no devolution of the total amount deposited in your reservation. If you are already at the event and by any reason you want to leave, there will not be refund..

In case of accident truetantra or any of the facilitators will not have no future legal responsability.





Reservations: Anand Rudra +34 645.195.604 Whatsapp tantriko@live.com www.truetantra.eu

http://www.facebook.com/anand.rudra.7

Anand Rudra & TrueTantra **Team**





