



Villa Aikia
Zipolite
MEXICO



truetantra

by
Anand Rudra

s3xplora 4 men

"the body, the flesh & the sacred energy"
sea **retreat tantra lab**

OCT 5 - 8
2023

WWW.TRUETANTRA.EU

S3XPLORA

4 men

Introduction

S3XPLORA Has being developed during the last 3 years as a project in which we want to give, teach and to embody the process in which the man can find the compatibility between his sexual & emotional life and his spiritual path.

Being able to generate sacred conscious act of a sexual activity allows you to generate a deeper connection with yourself and the other one, a self knowledge, an expansion of your energy, apply awareness to what we desire and what we have done and the benefits of this connection.

Emotion means energy in movement, our emotional body is one of the most powerful resources that men have.

In this retreat we will explore an awaken body and the resources that goes within it. A laboratory means that the exploration and the discover will go deeper. The flesh in the men expands the libido; the primitive self on us in combination of the awareness of sexual pulsations will be the frame to discover the potentiality of the smell , texture, muscles, fascia, taste and of course what is the connection with our mind, energy , sexual energy and emotions.

1. The power of the BODY

The primary sensory connection of your body and its subtle system. Experience the ability to generate energy in its different ranges until you recognize yourself within your sexual energy. We will go in to the power of embodiment, the mind and the intentions

2. Energy, Sacredness and Divine

The primary sensory connection of your body and its subtle system. Experience the ability to generate energy in its different ranges until you recognize yourself within your sexual energy. We will go in to the power of embodiment, the mind and the intentions. Energy, Sacredness and Divine In Tantra we acknowledge the power of the intimacy and how this pulse energy on us. We will explore the power of sensual stimulation and how it is starts to unfold sexual energy and how it becomes sacred

**Sacred
Active
Sexuality
only
for
men**



**Ancestrall
Knowledge
for the
modern
men**

3. The FLESH & the Foreplay – embodiment & ecstatic process

The third step of tantric love-making is the famous but often ignored foreplay. It is now that you begin to caress each other. Tantra emphasizes on the importance of the embodiment foreplay. One of the most powerful sacred tools of tantric love making.

4. Expansion and cocreation of energy

The fourth step, is the generation of the sacred sexual momentum to feel the interchange of sexual energy. The direct stimulation to the genitalia and the sexual awareness of it is the door to start to do Maithuna.

Deep multi-orgasms can only be experienced during extremely long love-making sessions.

In case you both have tantric skills and your bodies are strong and vital, you have the ability to make love for many hours. Switch from making love to meditation and back to make love again. In this way you'll develop a deep connection that is beyond words, which also reaches deeply into the soul, a connection that will allow you to spiritually grow together.

5. Dislocation of Polarity... integrating, gathering & going to higher consciousness

In Tibetan kamasutra the game called dislocation of polarization. Allows to take you to be one in pleasure with the other one and yourself provoking a very ecstatic experience.

6. Sublimation and alchemy – directing energies to a higher purpose.

The sixth and final phase is called sublimation. It's the transformation phase in which Tantric magic appears in full glory. If there is no sublimation of the sexual energy, the love-making is like any other love-making, which has no "spiritual gain". To two hours after love-making. When the energy has accumulated in the high centers, it is highly recommended to meditate (even if only for a few minutes) to stabilize the energy at these high levels!!



EROTICAL TOUCH

understanding the power of the consciousness on the touch using Vajra techniques is one of the most powerful tools that a man can learn!!



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Most of the times, when there is a profusion process (interconnection of love & llust) we experience a blisfull existence. To be in love is one of the biggest states of consciousness that we can experience.

This retreat will give you tools in order to take advantage of our emotions and how we can move this energies to our benefit.

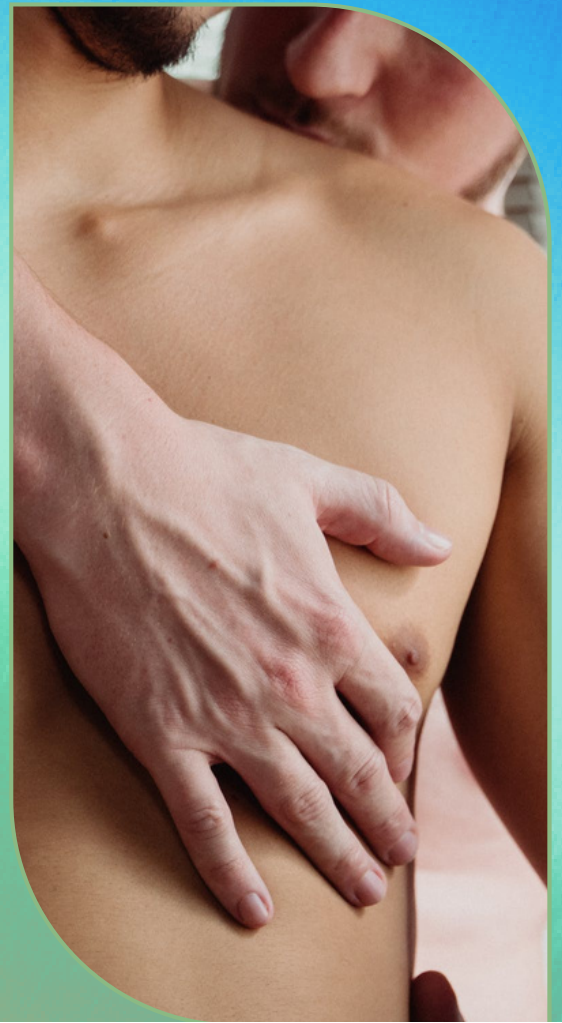
some of the things that you will learn :

- **Control & Modulation of the sexual energy on yourself & the other**
- **Inducing multiorgasmic state on you & the other one**
- **Edging technique to take the enrgy to supra-consiusnes**
- **Handle the desire as an energy in disposition**
- **Understand the potentiality of sexual energy on the body**
- **Use the energy of the lingam and prana as a vehicle to go the profusion state**
- **Your Intimate borders and limits in order to empower the one and yourself.**
- **Rose & Lingam massage to be done in a normal setting.**



THE POWER TO CONNECT WITH THE BODY(ES), SEXUAL ENERGY & SELF SPIRITUAL JOURNEY

- Anahata, heart and energy in movement the power behind profusion.
- Emotional & Sexual Vibration and how to unblock old patterns
- Why to combine love & passion on a normal set
- The power of surrender & asertivity , reversing the sexual estrustructure on mind & sexual energy
- A sacred ritual & the power of the idea of the divine in an intimacy encounter.
- The power of sexual consious touch and how to deliver pleasure and how to develop the joy .
- The idea of the unification of the bodies and the power to deveelop profussion out of the encounter.



VILLA AIKIA

Villa Aikia is a Hotel Boutique & Healing Center, on the seashore of Oaxaca, in a unique and magical beach, a mystical & scared place, Zipolite.

Hidden at the bahía Camarón near to Zipolite, with the best views, in which you can expect to encounter with beautiful art, the best sea view, in which the main point will be "Roca Blanca" which you wil enjoy the panoramic picture that can bring to you, full of colors and sun downs in this amazing paradise.

It has a marvellous swimming pool and a becah that is semi private. In which we can practice total nudity that is only official beach in all Mexico where you can enjoy this. We have restaurant service that can offer to the guest a unique Mexican flavor. Wonderful and exotic beverages along with a nice breakfast or luch that will make of our weekend a unique experience!

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- ZIPOLITE
 - Zipolite is a low-key beach resort on Mexico's Pacific coast in the state of Oaxaca. Stretching between rocky headlands, the long beach is known for its strong sur. The U.S. State Department spared Oaxaca from its travel warnings about Mexico. The official nudist beach all over Mexico.
 - Zipolite in particular seems lost in time, a place where visitors think nothing of leaving their belongings unattended on the beach and backpackers sleep in hammocks strung along the coast. To fligh the best way to arrive...
 - Either Huatulco o Puerto Escondido, we are one hour away from this airports, from there you can take a taxy that has the cost of \$800 pesos aprox.



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DETAILS

Thursday

- 16.30General gathering & INtroduction
- 18Break
- 19Understanding the BODY (es)
- 20.15Dinner Outside

Friday

- 7.20 Breath, pranayamas for sexuality
- 7.45-8.45Breakfast
- 9.15 - 10.40 Nude Yoga and sexual energy
- 10.40Break
- 11.00The act of Sexual Pulsation and awareness
- 14 - 15Lunch
- 16.30Lingam and sexual energy
- 18Break
- 19Understanding the power Sacred Orgasmia
- 20.15Dinner Outside

Saturday

- 7.20Breath, pranayamas for sexuality
- 7.45-8.45Breakfast
- 9.15 - 10.40Tantra Sexual YOga
- 10.40Break
- 11.00Auto EStimulation projection and satisfaction
- 14 - 15Lunch
- 16.30Profusion and the advantaje to sexualize emotions
- 18Break
- 19Dislocation of Polarity and Sexual Intimacy
- 20.15Dinner Outside
- 22.00Tantra TEMPLE the power of the FLESH

Sunday

- 7.45-8.45Breakfast
- 9.15 - 10.40Tantra Yoga collecting
& transmuting energy.
- 10.40Break
- 11.00Understandiangconstinious orgasmic state of
being
- 14-15Lunch and closure.





Academic Investment Retreat

Single ROOM \$14,500 mx
Double ROOM \$26,500 mx pp

BBVA
Operadora ALCASO SRL de CV
cta 011644114
Clabe para transferencias
012180001116441143

PRICE INCLUDE:

- Price per person and night in a single room.
- Price per person in a room occupied by two people on a accommodation in a double room with private bathroom .
 - Workshop (breakfast, lunch and one dinner
 - Bed linen and daily cleaning of the rooms.

PRICE DOES NOT INCLUDE:

- Articles that the teacher will ask you for the retreat.
- The Dinners that are held outside
- Drinks that are out side of the meals planify from the venue to us.



EATP



European Association of Tantra Professionals



who is sharing



ANAND

Of Mexican Origin, living in Europe for the last 12 years. He is an International Relations Lawyer; holds three masters degreee on North American Studies; Relations Mexico-USA; Law & Economics of European Union. And a PHD in Security Studies of European Union. Entrepreneur; involved in Public Policy and advisor for International Public Policy and Diplomacy. Being raised in a Shamanic culture by father (Mexican spirita and shaman) and by the grandmother (Yaqui Mexican Medical Woman) Since he was young, he was atracted to the esoterical world. As a hobby he has being studing tarot, psicomagia, symbology, ritualism, tantra, sacred geometry and shamanism. Certified Yoga Alliance Teacher and Arhanta Yoga School System.

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